



*Bridging healthy ageing
and long-term care*

John Beard

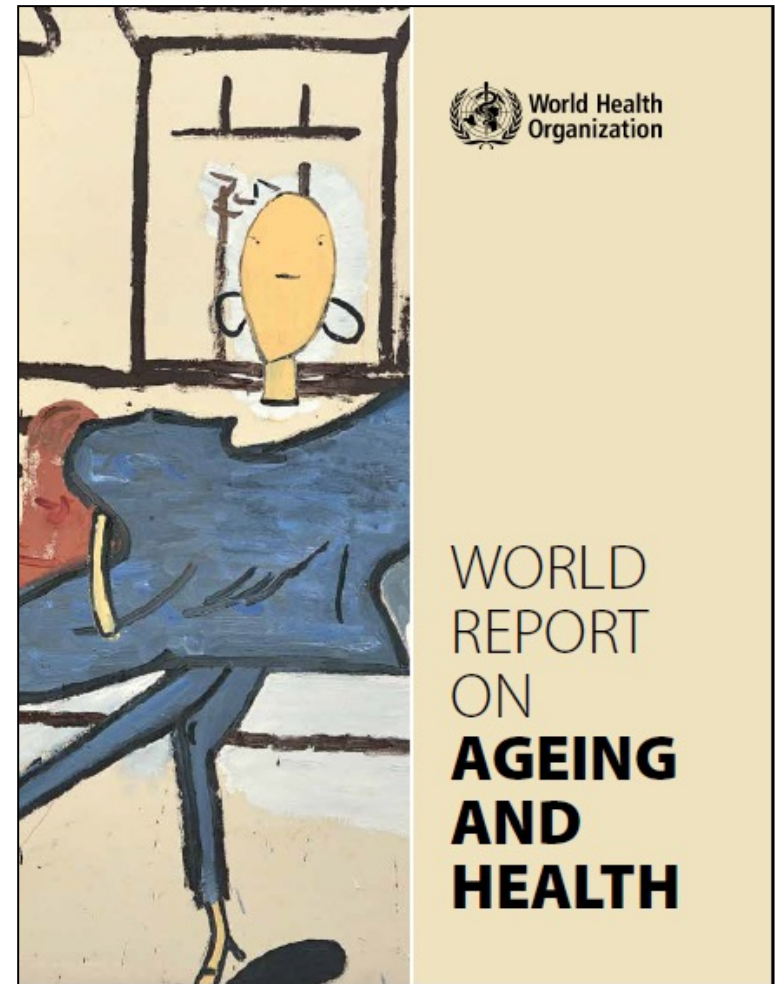


COLUMBIA

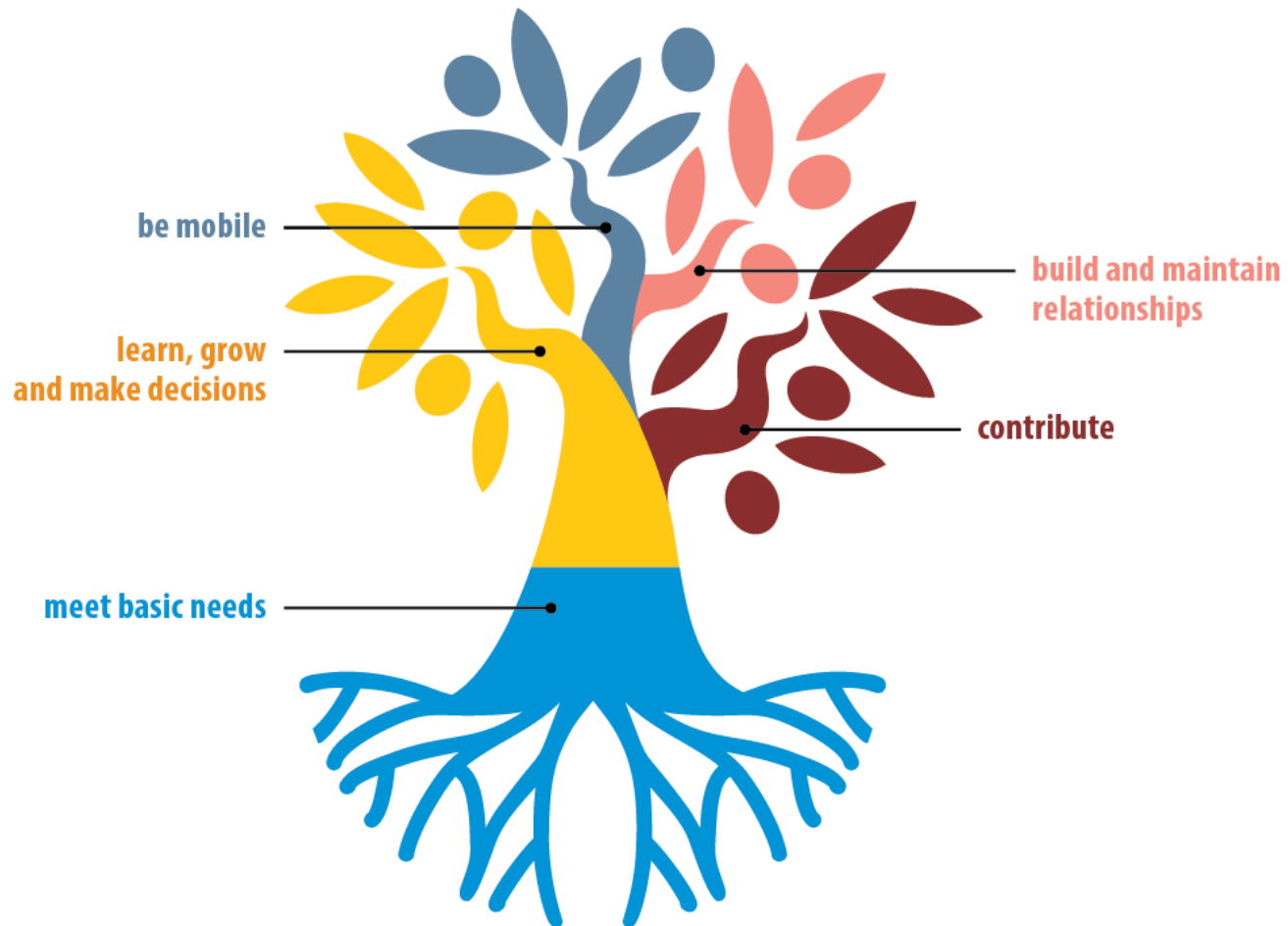
MAILMAN SCHOOL
OF PUBLIC HEALTH

Healthy ageing

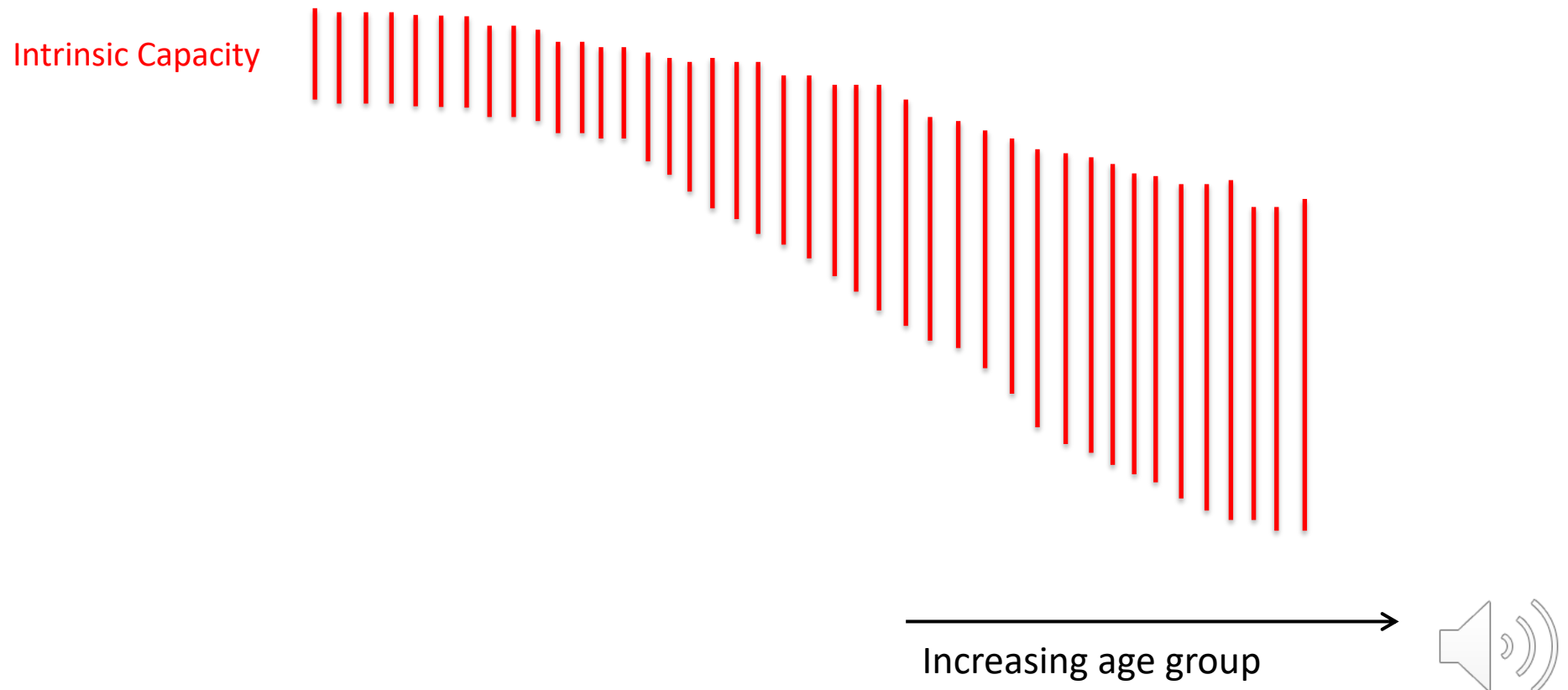
Framed around the *functional ability* that enables people to be and do the things they value.



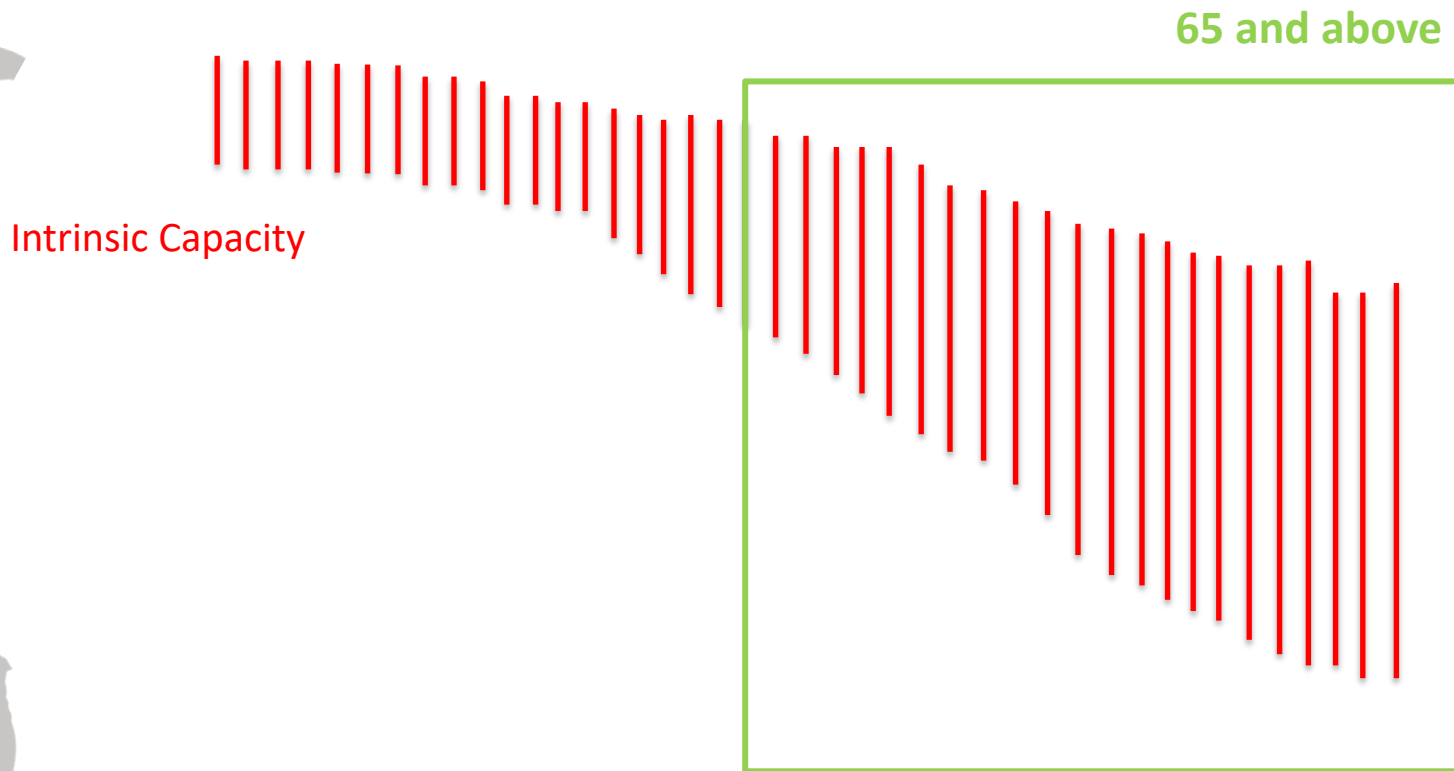
What are the things older people want to be and do?



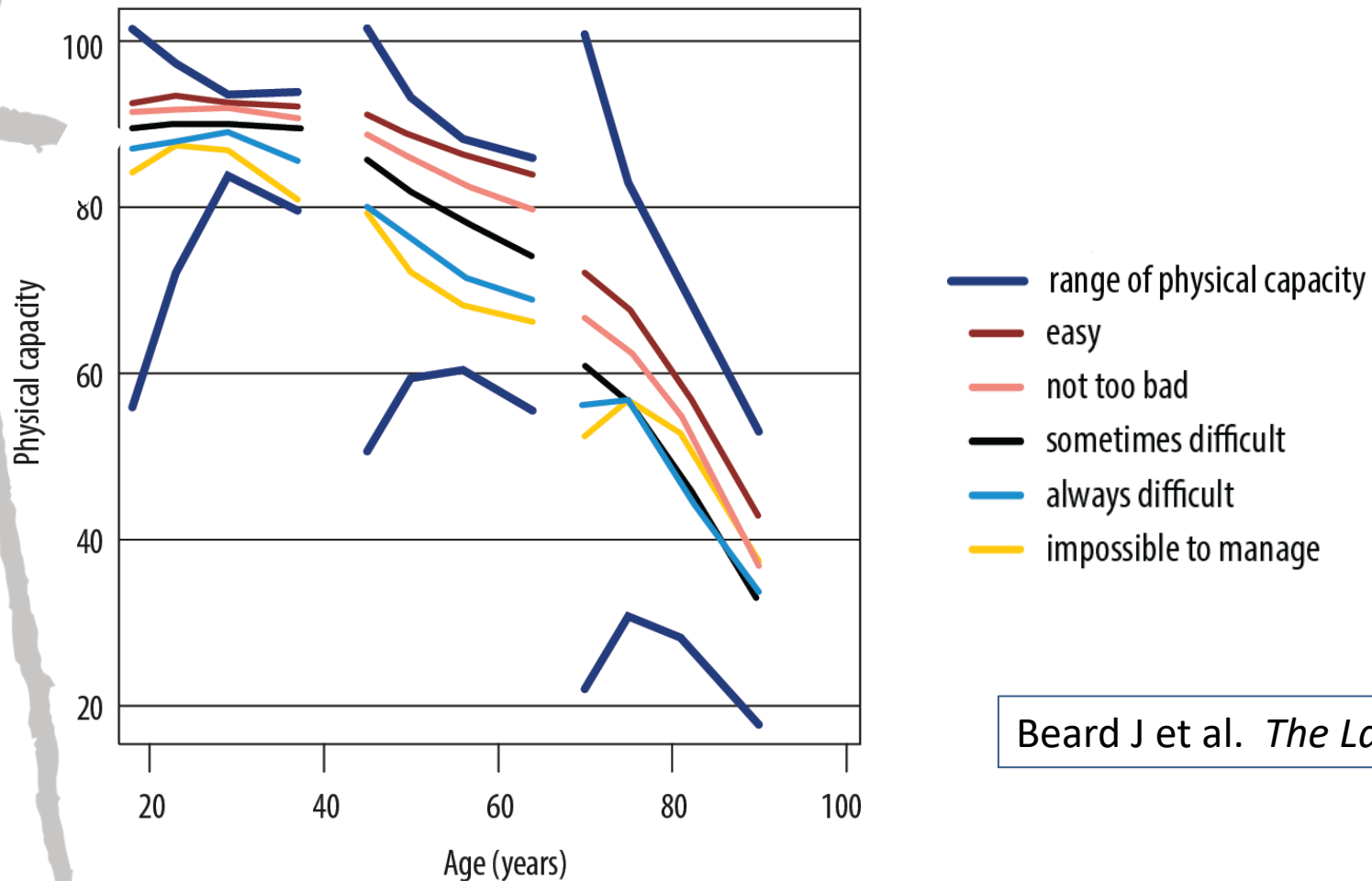
Population in the second half of life



Myth 1: There is a typical older person



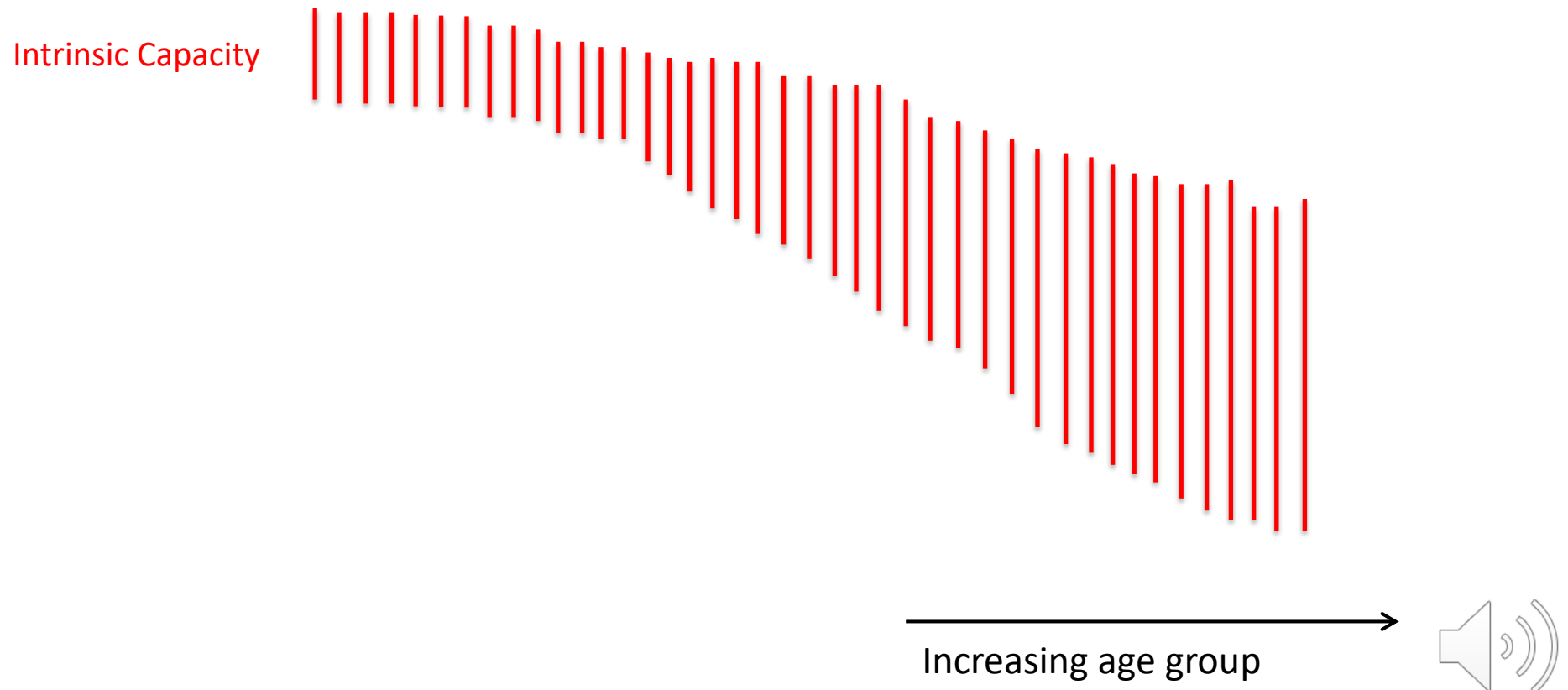
Myth 2: Health status in older age is random



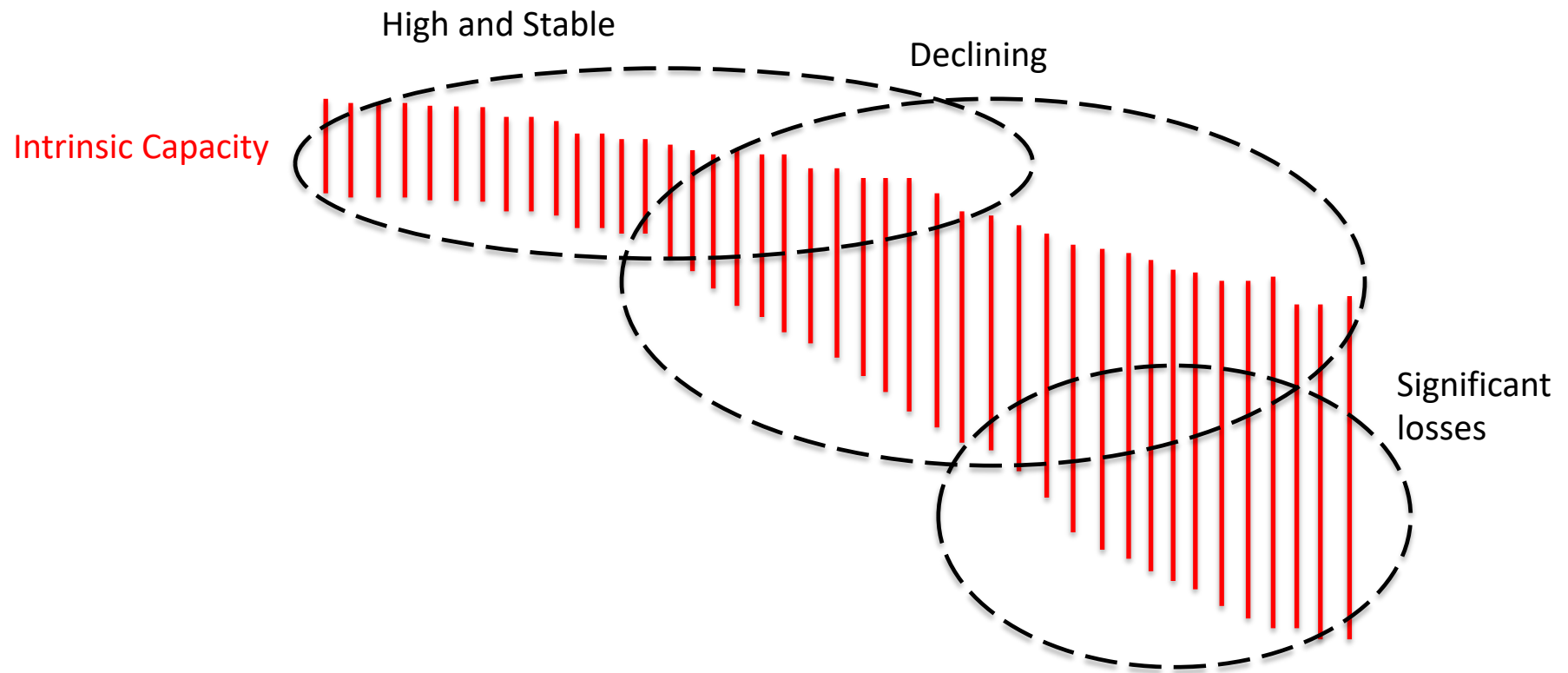
Beard J et al. *The Lancet* 2016



Population in the second half of life



Public health interventions in the second half of life





**Decade
of healthy
ageing**



A framework for 'doing business differently' with:

Four **action areas**

Four **'enablers'**

And **older people at the centre**

What is long-term care?

The activities taken by others to ensure that people with or at high risk of a significant loss of intrinsic capacity can maintain a level of functional ability consistent with their basic right, fundamental freedoms and human dignity.



What is the goal of long-term care?

- Optimize trajectories of intrinsic capacity
- Compensate for loss of capacity by providing the environmental support and care



Key issues

- Being person centered



Key issues

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- **Gender**



Key issues

- Being person centered
- Gender
- **Workforce**



Key issues

- Being person centered
- Gender
- Workforce
- **Linkage to health systems**



Handbook

Guidance on person-centred assessment
and pathways in primary care

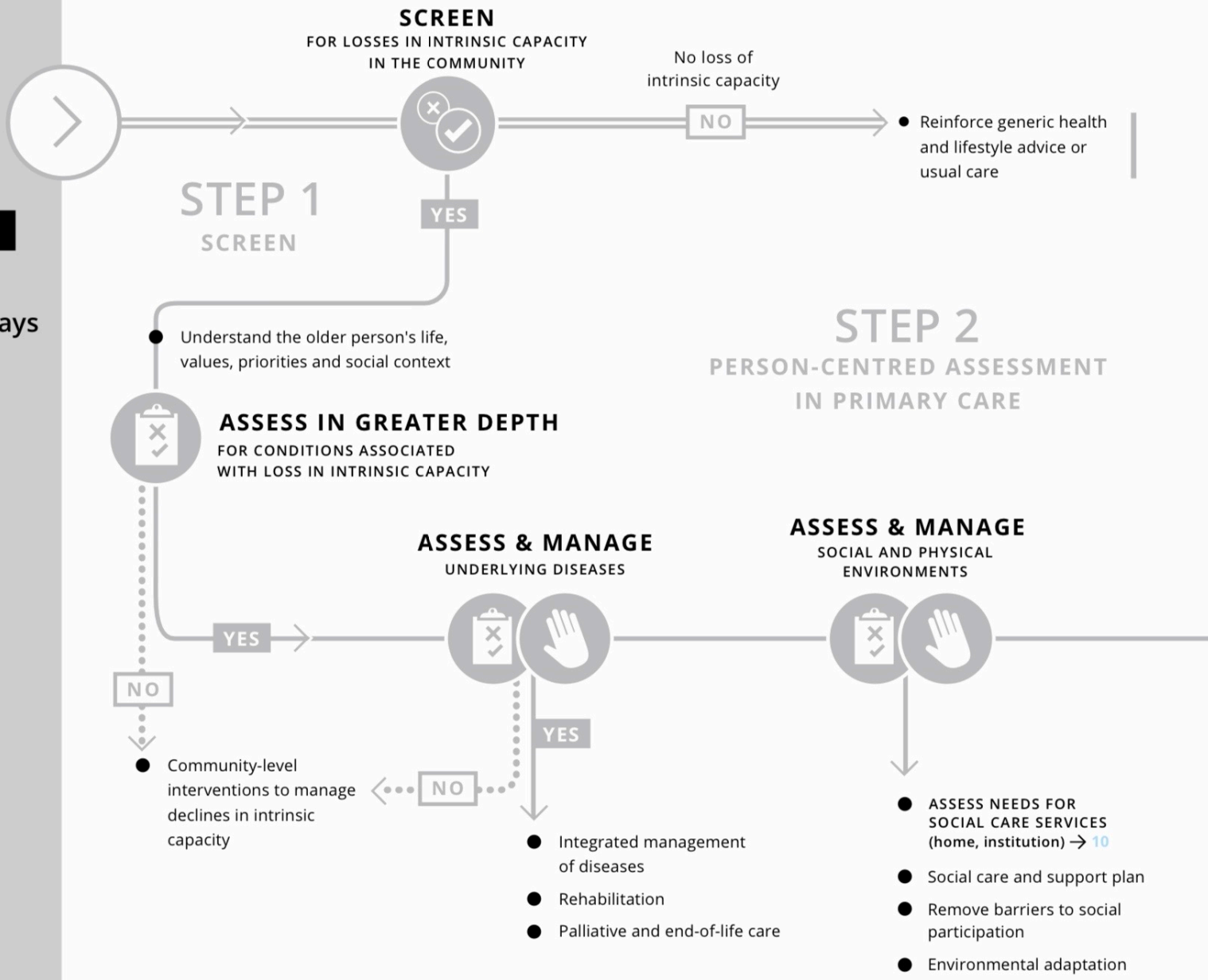


World Health
Organization

3

Generic care pathway

Person-centered assessment and pathways in primary care



SCREEN

FOR LOSSES IN INTRINSIC CAPACITY IN THE COMMUNITY

No loss of intrinsic capacity

NO

- Reinforce generic health and lifestyle advice or usual care

STEP 1 SCREEN

YES

- Understand the older person's life, values, priorities and social context



ASSESS IN GREATER DEPTH

FOR CONDITIONS ASSOCIATED WITH LOSS IN INTRINSIC CAPACITY

STEP 2 PERSON-CENTRED ASSESSMENT IN PRIMARY CARE

ASSESS & MANAGE UNDERLYING DISEASES

ASSESS & MANAGE SOCIAL AND PHYSICAL ENVIRONMENTS

YES

NO

- Community-level interventions to manage declines in intrinsic capacity

NO

YES

- Integrated management of diseases
- Rehabilitation
- Palliative and end-of-life care

- ASSESS NEEDS FOR SOCIAL CARE SERVICES (home, institution) → 10
- Social care and support plan
- Remove barriers to social participation
- Environmental adaptation

Key issues

- Being person centered
- Gender
- Workforce
- Linkage to health systems
- **Technology**



Key issues

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Key issues

- Being person centered
- Gender
- Workforce
- Linkage to health systems
- Technology
- Agency
- **A system**



Enabling communities to look after themselves

